

# KINGSLAND HEALTH & FITNESS CENTER

## KIDS ROOM WAIVER AND RELEASE

1. CHILDREN ARE NOT ALLOWED IN GYM UNDER AGE 14 (13 with parent)
  2. NO CHILDREN UNDER AGE OF 24 MONTHS LEFT UNATTENDED OR WITHOUT SUPERVISION (KHFC not responsible for accidents)
  3. PARENT IS RESPONSIBLE FOR BRINGING CHANGE OF CLOTHING & DIAPERS
  4. SICKNESS: PLEASE DO NOT BRING CHILD TO GYM WHEN CHILD IS RUNNING FEVER, DIAHREA, RUNNY NOSE (green) OR STOMACH ILLNESS.
  5. IF CHILD IS NOT IN SCHOOL DUE TO ILLNESS - PLEASE DO NOT BRING TO GYM
  6. WHEN THERE IS NO ATTENDANT - PARENTS ARE RESPONSIBLE FOR CLEANING ROOM WHEN LEAVING GYM.
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I, \_\_\_\_\_ do not hold Kingsland Health & Fitness Center, its staff or individual responsible for any accident/injury that occurs while my child/guardian is in the kids play room and that while I am participating in a fitness/exercise program, my child will remain in the kids play room. I have read and understand the above rules/guidelines put forth by the Kingsland Health & Fitness Center.

NAME(print) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

NAME(signature) \_\_\_\_\_ Staff \_\_\_\_\_

**THE KIDS ROOM IS PROVIDED FOR YOUR CONVENIENCE SO THAT YOU CAN ENJOY THE USE OF THE FITNESS FACILITY. WE APPRECIATE YOUR UNDERSTANDING AND WE HOPE YOU APPRECIATE THE PROVISION OF THE KIDS ROOM. PLEASE UNDERSTAND OUR CONCERN FOR YOUR CHILD'S SAFETY AND WELL BEING, AND, WE WANT YOUR CHILD TO ENJOY THEIR TIME HERE AS WELL.**